

## Join the FREE Monthly TLC Meeting - Therapy Live Connect!

Are you a therapist, hypnotherapist, or simply curious about hypnosis, hypnotherapy, and personal development? Join us for a welcoming and engaging **monthly Zoom meeting** designed to inspire, inform, support and connect like-minded individuals from all walks of life.

### Who is Welcome?

- Anyone and everyone! You do not need to be a therapist.
- Therapists looking to deepen their knowledge and network.
- Hypnotherapists seeking fresh insights and tools.
- Anyone interested in self-growth, personal development, or exploring the power of hypnosis.
- Beginners, seasoned professionals, and everyone in between!

### What to Expect:

- **Engaging Discussions:** Dive into a variety of topics related to hypnosis, self-growth, and hypnotherapy.
- **Expert Insights:** Hear from experienced practitioners and thought leaders in the field.
- **Interactive Q&A:** Get your questions answered in a supportive environment.
- **Community Connection:** Network with others who share your interests and passions.

### Details:

- **When:** The last Wednesday of each month, beginning **January 29th, 2025**
- **Time:**
  - 4pm - 5pm Pacific Time
  - 7pm - 8pm Eastern Time
- **Where:** [Online via Zoom](#)
- Register here:  
  
<https://bit.ly/tlcmeetup>
- Additional Information:
  - The Zoom room will open 15 minutes prior to the meeting start time.
  - Each month will feature a **theme**, a **guest speaker**, and an **interactive Q&A opportunity**.

### Why Join?

This meeting is a space for growth, learning, and connection. Whether you're a professional seeking to enhance your skills or someone exploring hypnosis for the first time, you'll leave inspired and equipped with valuable knowledge

- **January 29, 2025:** Motivation with expert Holly Grahn
- **February 26, 2025:** Self-Love and Healing Emotional Wounds
- **March 26, 2025:** Losing My Religion - Path to a New Identity
- **April 30, 2025:** Social Media
- **May 28, 2025:** Weight Management and Body Image
- **June 25, 2025:** Addictions
- **July 30, 2025:** Energy Protection
- **August 27, 2025:** Stress Management
- **September 24, 2025:** Past Life Regression – Insights and Controversies
- **October 29, 2025:** Fears and Phobias
- **November 26, 2025:** Manifesting Wealth and Abundance
- **December 31, 2025:** Vision Board Creation for 2026